

## MEMBER APPLICATION FORM

FIRST NAME		LAST NAME	
PREFERRED NAME			
DATE OF BIRTH	<input type="checkbox"/> Rather not say		
GENDER	<input type="checkbox"/> Male	<input type="checkbox"/> Female	<input type="checkbox"/> Non-binary <input type="checkbox"/> Rather not say

REGION	<input type="checkbox"/> South	<input type="checkbox"/> North	<input type="checkbox"/> North West	<input type="checkbox"/> Other _____
POSTAL ADDRESS			POST CODE	
MOBILE / PHONE No				
EMAIL				
PREFERRED CONTACT	<input type="checkbox"/> Email	<input type="checkbox"/> Text	<input type="checkbox"/> Phone Call	<input type="checkbox"/> Post

IS THERE SOMEONE YOU WOULD YOU LIKE TO NOMINATE AS AN EMERGENCY CONTACT?			<input type="checkbox"/> Yes <input type="checkbox"/> No
EMERGENCY CONTACT NAME		MOBILE	

LIST ANY SPECIFIC NEEDS WE SHOULD BE AWARE OF eg disability access, hearing/vision loss	<input type="checkbox"/> Yes <input type="checkbox"/> No
IF YES PLEASE SPECIFY	

ARE YOU A MEMBER OF THE TASMANIAN ABORIGINAL COMMUNITY?			<input type="checkbox"/> Yes <input type="checkbox"/> No
IS ENGLISH YOUR FIRST LANGUAGE?	<input type="checkbox"/> Yes <input type="checkbox"/> No	IF NO PLEASE INDICATE	

HOW DID YOU HEAR ABOUT MENTAL HEALTH LIVED EXPERIENCE TASMANIA (MHLET)?			
<input type="checkbox"/> Website	<input type="checkbox"/> Facebook	<input type="checkbox"/> MHLET Member	<input type="checkbox"/> Word of Mouth
<input type="checkbox"/> Service Provider / Community		<input type="checkbox"/> Other _____	

All MHLET Members have a personal lived experience of mental illness. Please feel free to share some details of your own lived experience below. You don't have to share anything if you don't want to.

☐ I'd rather not share

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## WHY BECOME A MHLET MEMBER?

If you are a mental health consumer over the age of 16, you can join MHLET. JOINING IS FREE.

Member of MHLET can take part in all MHLET activities. These include:

- Regular social catch ups (both face to face and online),
- Sharing your lived experience story (and reading those of others) on our website,
- Regular email updates from the CEO on MHLET and its activities,
- Opportunities to get involved at MHLET including volunteering and MHLET Local Action Groups,
- Training Opportunities in Mental Health Consumer Leadership, Consumer Representation and more, and
- Voting rights at MHLET's Annual General Meetings.

## CODE OF CONDUCT

Please **read and sign** the Code of Conduct to acknowledge that you understand it. **This is a requirement for membership of MHLET.**

This policy sets out guidelines for working relationships and behaviour of MHLET members. This applies to all employees, students, volunteers and Board members.

All people involved in MHLET must sign and abide by the Code of Conduct.

MHLET expects a high standard of behaviour and professionalism from MHLET members and participants at all times.

Where members are in breach of the Code of Conduct disciplinary action may occur. If the behaviour continues, the person may not be able to continue participating in MHLET activities.

The following principles form the Code of Conduct.

- Operate in a professional manner, adhering to relevant professional and organisation codes of ethics, and working with respect, fairness and integrity at all times,
- MHLET policies are to be followed, such as Workplace Health and Safety, Anti-Discrimination, Privacy and Confidentiality, and Bullying and Harassment,
- Members are to be respectful of colleagues and work to resolve conflict directly, in a safe and respectful manner, with an intent to improve interpersonal relationships,
- Where conflict is not directly resolvable between two parties appropriate policies should be applied,
- Participants and members are to conduct themselves professionally with stakeholders at all times, and not act in a manner that could bring the name of MHLET into disrepute,
- Participants and members are to abide by the MHLET media and social media guidelines, ensuring they do not publicly represent a view as being held by MHLET unless they have been specifically authorised by the CEO to do so, and
- Participants and members are to show due care when using all assets and property belonging to MHLET.

**BY SIGNING BELOW, YOU AGREE THAT YOU HAVE READ AND UNDERSTAND THE MHLET CODE OF CONDUCT**

NAME	SIGNATURE	DATE

Please email your completed MHLET membership application form to [membership@mhlet.org.au](mailto:membership@mhlet.org.au) OR post it to  
PO Box 109 Sandy Bay PO, SANDY BAY TAS 7006

## Ways of Working Safely Policy

At MHLET we are committed to ensuring safety and respect in all our interactions and aim to create inclusive spaces where everyone feels safe, valued, and heard. We follow principles and practices that ensure that every interaction promotes trust, collaboration, and well-being. Together, we aim to create meaningful change.

MHLET values safety, trust, and inclusivity in everything we do. Staff and members apply these principles in the following ways:

1. **Safety and Trust:** We prioritise emotional, physical, and environmental safety for all. Our ways of working ensure transparency and sensitivity in all operations.
2. **Choice, Collaboration, and Connection:** Members have opportunities to choose their level of involvement. We promote collaboration and meaningful connections through respectful engagement.
3. **Accessibility and Inclusion:** Our operations support the diverse strengths and perspectives of members and staff. We celebrate inclusivity and ensure everyone feels valued. Feedback is welcomed and strongly considered.

MHLET staff and members commit to practices that:

- Prioritise emotional and physical safety of all individuals.
- Value contributions from those with lived/living experiences.
- Adhere to strict confidentiality practices.
- Encourage respectful communication and listening.
- Promote inclusivity and respect diverse backgrounds.
- Address any barriers that hinder participation.
- Respect individuals' choices to opt-in or opt-out during discussions.
- Provide clarity and address concerns promptly.

**Note:** This document should be read in conjunction with the following additional MHLET resources:

- **Sharing Lived Experience:** Respectfully and safely for sharing lived experiences.
- **Conflict Resolution:** Approaching disagreements with respect for diverse viewpoints.
- **Ways of Working Checklist:** MHLET's commitment to safety at every engagement.

**By signing below, you state that you have read the documents listed and agree to ways of working that are consistent with the principles and practices outlined in this document.**

**Name:**

**Signed:**

**Date:**

Document Title	MHLET Membership Application Form		
Policy Type-Subgroup	Human Resources	Policy Number	MAF01
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