



Australian Rotary Health

WE FUND HEALTH RESEARCH

MENTAL HEALTH SYMPOSIUM

Focus: Youth Mental Health Awareness

and Suicide Prevention

When: Friday November 28th 2025, 5.30 - 8.00pm

Where: Menzies Institute for Medical Research

Why: Increase Awareness of the need to support

Mental Health Research

Registrations close: November 23rd, 2025

The symposium would benefit parents and guardians, educators, health professionals and others who work with youth and children.

Since 2013, Australian Rotary Health research projects have focused on the Prevention of Mental Health of Young Australians and in 2023 it began funding research grants aimed at the mental health of children aged 0-12.

The symposium will present the latest research into supporting the mental health and wellbeing of young Tasmanians and enable delegates to discuss the practical application of the research.

SPEAKERS INCLUDE

Emeritus Prof Michael Sawyer, OAM - Professor of Child and Adolescent Psychiatry and Head, Research and Evaluation Unit, Robinson Institute, University of Adelaide. Medical Advisor to the ARH Board.

A/Prof Amanda Neil - Principal Research Fellow, Menzies Institute for Medical Research, University of Tasmania and health economics lead for the ALIVE National Centre for Mental Health Research Translation.

Dr Laura Grattidge – PhD study: Tackling the Real Tassie Devil. Towards Best Practice for Youth Suicide Prevention in Regional and Rural Tasmania.

Dr Ivan Nugraha – PhD study: Understanding the Intersection of Literacy and Suicide among Young Tasmanians.

Prof Dinesh Arya, Dep Sec. Clinical Quality, Regulation and Accreditation, Chief Medical Officer and Chief Psychiatrist.

Light refreshments provided

