

MHLET Board Vacancy

Position Title: Board Member

Organisation: Mental Health Lived Experience Tasmania (MHLET)

Type: Volunteer - Member-based Not-for-Profit Incorporated Association

Location: Tasmania (meetings may be held online or in person)

Reports to: Chairperson of the Board

About MHLET

Mental Health Lived Experience Tasmania (MHLET) is a registered member-based not-for-profit organisation advocating for people with lived experience of mental health challenges. We empower members, influence policy, and support peer-led initiatives that strengthen the voice and impact of lived experience across Tasmania.

Position Purpose

Board members play a key role in shaping MHLET's strategic direction, governance, sustainability, and organisational effectiveness. This volunteer role requires a committed individual with lived experience and/or skills in governance, leadership, and strategy.

Key Responsibilities

Governance & Strategy

- Contribute to strategic planning, policy development, and governance oversight
- Monitor compliance with legal and regulatory requirements
- Ensure stewardship of organisational resources and financial integrity

Advocacy & Lived Experience Leadership

- Champion lived experience perspectives within Board discussions
- Promote MHLET's mission and values
- Support peer-led advocacy and program development

Engagement & Participation

- Attend regular Board meetings and special events (online or in person)
- Participate in Board committees or working groups
- Build positive relationships with members, partners, government, and community stakeholders

Selection Criteria

Essential

- **Lived Experience:** Personal experience of mental health challenges and recovery
- **Skills & Expertise:** Governance, leadership, strategic planning, or related skills
- **Commitment:** Ability to commit time to meetings, preparation, and advocacy activities
- **Values Alignment:** Demonstrated commitment to inclusion, respect, and the lived experience ethos

Benefits of the Role

- Help shape mental health reform and lived experience leadership in Tasmania
- Develop governance, leadership, and advocacy skills
- Connect with a passionate and supportive team
- Contribute to meaningful change for the community

Application Process

Interested applications should submit:

- A cover letter outlining your lived experience, skills, and motivation to join the Board
- A current resume

Please email applications to board@mhlet.org.au

To request a confidential discussion with our CEO, Tash Smyth, please email board@mhlet.org.au.

Please note this inbox will not be monitored between 24 December 2025 and 6 January 2026.