

## MHLET Board Vacancy

**Position Title:** Board Member

**Organisation:** Mental Health Lived Experience Tasmania (MHLET)

**Type:** Volunteer - Member-based Not-for-Profit Incorporated Association

**Location:** Tasmania (meetings may be held online or in person)

**Reports to:** Chairperson of the Board

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### About MHLET

Mental Health Lived Experience Tasmania (MHLET) is a registered member-based not-for-profit organisation advocating for people with lived experience of mental health challenges. We empower members, influence policy, and support peer-led initiatives that strengthen the voice and impact of lived experience across Tasmania.

### Position Purpose

Board members play a key role in shaping MHLET's strategic direction, governance, sustainability, and organisational effectiveness. This volunteer role requires a committed individual with lived experience and/or skills in governance, leadership, and strategy.

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### Key Responsibilities

#### Governance & Strategy

- Contribute to strategic planning, policy development, and governance oversight
- Monitor compliance with legal and regulatory requirements
- Ensure stewardship of organisational resources and financial integrity

#### Advocacy & Lived Experience Leadership

- Champion lived experience perspectives within Board discussions
- Promote MHLET's mission and values
- Support peer-led advocacy and program development

#### Engagement & Participation

- Attend regular Board meetings and special events (online or in person)
- Participate in Board committees or working groups
- Build positive relationships with members, partners, government, and community stakeholders

## Selection Criteria

### Essential

- **Lived Experience:** Personal experience of mental health challenges and recovery
  - **Skills & Expertise:** Governance, leadership, strategic planning, or related skills
  - **Commitment:** Ability to commit time to meetings, preparation, and advocacy activities
  - **Values Alignment:** Demonstrated commitment to inclusion, respect, and the lived experience ethos
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### Benefits of the Role

- Help shape mental health reform and lived experience leadership in Tasmania
  - Develop governance, leadership, and advocacy skills
  - Connect with a passionate and supportive team
  - Contribute to meaningful change for the community
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## Application Process

Interested applications should submit:

- A cover letter outlining your lived experience, skills, and motivation to join the Board
- A current resume

Please email applications to [board@mhlet.org.au](mailto:board@mhlet.org.au)

To request a confidential discussion with our CEO, Tash Smyth, please email [board@mhlet.org.au](mailto:board@mhlet.org.au).

Please note this inbox will not be monitored between 24 December 2025 and 6 January 2026.